



Our Top Benefits 2026

Preventive Care

- **Sports medical examination: full cost coverage** every 2 years
- **Enhanced breast cancer screening** (ultrasound check and mammography before the age of 50): up to **€100/year**
- **„Discovering Hands“: full cost coverage**
- **Intima-media thickness measurement: up to €100/year**
- **Bowel cancer screening before the minimum age: full cost coverage**
- **Additional health check-up: €100** every 3 years

Health Trips, Prevention & Preventive Cures

- **Health trips: up to €200** subsidy for adults/year for „Active Week“, „fit for well Days“ or „WELL-Active“
- **Prevention courses** on-site or online: **80%** subsidy for two courses per year – regard less of course cost
- **Preventive cures: €100/cure** for adults, **€25/day** for chronically ill children

Alternative Medicines & Healing Methods

- **Osteopathy: 3 sessions at €30** each/year (for babies in their first year of life: 8 sessions at **€60** each)
- **Alternative medicines: up to €100/year**
- **Homoeopathy** via the health card

Pregnancy & Birth

- **Subsidy for pregnancy medicines and additional examinations: up to €500/pregnancy**
- **Antenatal preparation course for the birth partner: full cost coverage**
- **IVF treatment: with BKK Kinderwunsch: up to €1,000** extra subsidy
- **Midwife on-call service: €300/year**



Vaccinations

- **Coverage of medically recommended vaccinations: 100%**
- **Travel vaccinations:** reimbursement at **100%**
- **Coverage of HPV vaccinations at 100%** – regardless of age, for men and women

Dental & Dental Prosthetics

- **Subsidy for 2 professional teeth cleaning sessions: twice €25** per year for adults and children
- **Fissure sealing of premolars for children & young people:** up to **€100/year**
- **General anaesthetic for wisdom tooth removal: 80%, up to €100/year**
- **Preferential prices on dental prosthetics**
- **Retainer per jaw:** up to **€100** extra subsidy

Bonus Programmes

- **Preventive Care Bonus: €10** per preventive measure
- **Activity Bonus:** up to **€70** for physically active members
- **Maternity Bonus €100 / Baby Bonus up to €170** (pregnancy and baby preventive care)



Additional Subsidies

- **Rooming-in:** up to **€60** per night for accompanying person with **children up to 12 years of age**
- **Sensorimotor or proprioceptive insoles:** up to **€100**
- **Light therapy devices for acne treatment: 80% subsidy** (one-off payment up to **€150**)

Optional Tariffs

- **PrämiePlus:** up to **€400** cashback/year
- **BudgetPlus: €200** health budget for private health insurance, e.g. for visual aids, self-pay services, dental treatment and osteopathy
- **AzubiPlus:** up to **€600 bonus / StudiPlus:** up to **€450** bonus

Service

- **Online service centre (via app and web)**
- **24/7 health advice**



For more details about these and other benefits and the prerequisites to use them, please visit our website at www.energie-bkk.de/leistungsuuebersicht or simply scan the QR code.

